

WESTBOURNE SCHOOL

The school cafeteria serves a choice of traditional main meals with a vegetarian option. The menu is changed on a four-week rotating cycle. Every day there is a full salad bar selection and alternatives to cooked pudding such as yoghurt or fresh fruit.

Allergies: Please note that fish, chips, sauteed sliced potatoes, herby crispy cubes, potato waffles and roast potatoes are all cooked in the same oil. All items highlighted in Orange contain one or more of the 14 major allergens. Details are available from the kitchen staff.

WEEK 4/8/12	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Breaded Chicken Fillet	Homemade steak pie	Chinese Chicken	Margherita Pizza	Oven cooked Pork Sausages
	Potato Slices Green Beans	Roast potatoes Fresh carrots Broccoli	Basmati Rice Spring roll Curry sauce	Herby Crispy Cubes Petit Pois	Chips Baked Beans
Vegetarian Option	Vegetable Kiev	Homemade Chunky vegetable pie	Chinese Vegetables	Margherita Pizza	Quorn Sausages
Halal	Breaded Chicken	Homemade Steak Pie	Chinese chicken	Margherita Pizza	Beef Sausages
Salad Bar	Cold meats, Cheese and fish, pasta dishes & homemade sides, with a selection of fresh salad vegetables and a variety of Breads.				
Jacket Potato (Y6 – Y11)		A choice of 2 hot fillings and 2 cheeses			A choice of 2 hot fillings and 2 cheeses
Dessert	Iced sponge and custard	Fruit jelly with cream (contains gelatin)	Chocolate fudge topped vanilla sponge & Custard	Pancakes Summer berries Cream	Oaty cherry Crumble and Cream
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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