

WESTBOURNE SCHOOL

The school cafeteria serves a choice of traditional main meals with a vegetarian option. The menu is changed on a four-week rotating cycle. Every day there is a full salad bar selection and alternatives to cooked pudding such as yoghurt or fresh fruit.

Allergies: Please note that fish, chips, sauteed sliced potatoes, herby crispy cubes, potato waffles and roast potatoes are all cooked in the same oil. All items highlighted in Orange contain one or more of the 14 major allergens. Details are available from the kitchen staff.

WEEK 2/6/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	100% Beef burger in a bun Cheese slice	Chicken Korma	Lean minced beef pasta bolognese	Chicken Taco	Pasta Bake
	Shoestring Fries Sweetcorn	Basmati Rice Naan Bread	Garlic Bread	Nachos Mini corn cob	Broccoli Garlic Bread
Vegetarian Option	Vegetable burger in a bun	Vegetarian Korma	Vegetable pasta bolognese	Vegetable Taco	Vegetable pasta bake
Halal	<u>Lamb burger</u> in a bun Cheese Slice	Chicken Korma	Lean minced beef pasta bolognese	Chicken Taco	Pasta Bake
Salad Bar	Cold meats, Cheese and fish, pasta dishes & homemade sides, with a selection of fresh salad vegetables and a variety of Breads.				
Jacket Potato (Y6 – Y11)		A choice of 2 hot fillings and 2 cheeses			A choice of 2 hot fillings and 2 cheeses
Dessert	Flapjack and Custard	Choc chip sponge with custard	Marble Cake with Custard	Homemade bread and butter pudding with Cream	Homemade shortcake yoghurt
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit