

WESTBOURNE SCHOOL

The school cafeteria serves a choice of traditional main meals with a vegetarian option. The menu is changed on a four-week rotating cycle. Every day there is a full salad bar selection and alternatives to cooked pudding such as yoghurt or fresh fruit.

Allergies: Please note that fish, chips, sauteed sliced potatoes, herby crispy cubes, potato waffles and roast potatoes are all cooked in the same oil. All items highlighted in Orange contain one or more of the 14 major allergens. Details are available from the kitchen staff.

| WEEK 4/8/12 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------|---|--|---|--|---|
| Main Meal | Oven cooked pork sausages | Homemade steak pie | Chinese Chicken | Margherita Pizza SS - Pepperoni pizza | Homemade chicken and sweetcorn pasta bake |
| | Chips Baked Beans | Roast potatoes Fresh carrots Brussel Sprouts | Basmati Rice Spring roll Curry sauce | Herby crispy cubes Petit pois | Garlic Bread |
| Vegetarian Option | Quorn Sausage | Homemade Chunky vegetable pie | Chinese quorn | Margherita pizza | Homemade chicken & sweetcorn pasta bake |
| Halal | Oven cooked sausage | Homemade Steak Pie | Chinese chicken | Margherita Pizza | Homemade chicken & sweetcorn pasta bake |
| Salad Bar | Cold meats, Cheese and fish, pasta dishes & homemade sides, with a selection of fresh salad vegetables and a variety of Breads. | | | | |
| Jacket Potato (Y6 – Y11) | | A choice of 2 hot fillings and 2 cheeses | | | A choice of 2 hot fillings and 2 cheeses |
| Dessert | Iced sponge and custard | Fruit jelly with cream (contains gelatin) | Chocolate fudge topped vanilla sponge & Custard | Pancakes Summer berries Cream | Oaty cherry crumble & cream |
| | Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |
| | Fresh fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

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