

## WESTBOURNE SCHOOL

The school cafeteria serves a choice of traditional main meals with a vegetarian option. The menu is changed on a four-week rotating cycle. Every day there is a full salad bar selection and alternatives to cooked pudding such as yoghurt or fresh fruit.

Allergies: Please note that fish, chips, sauteed sliced potatoes, herby crispy cubes, potato waffles and roast potatoes are all cooked in the same oil. All items highlighted in Orange contain one or more of the 14 major allergens. Details are available from the kitchen staff.

WEEK 2/6/10	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	100% Beef burger in a bun Cheese slice	Lean minced beef spaghetti bolognese	Honey roast gammon with pineapple	Chicken Korma	Macaroni Cheese
	Chunky Chips Sweetcorn	Garlic Bread	Roast potatoes Fresh carrots Cauliflower cheese	Wholegrain basmati rice Naan Bread	Mixed vegetables Garlic Bread
Vegetarian Option	Vegetable burger in a bun	Vegetarian mince Spaghetti bolognese	Vegetable and cheese country bake	Quorn Korma	Macaroni Cheese
Halal	Lamb burger in a bun Cheese Slice	Lean minced beef spaghetti bolognese	Chicken breast fillet	Chicken Korma	Macaroni Cheese
Salad Bar	Cold meats, Cheese and fish, pasta dishes & homemade sides, with a selection of fresh salad vegetables and a variety of Breads.				
Jacket Potato (Y6 – Y11)		A choice of 2 hot fillings and 2 cheeses			A choice of 2 hot fillings and 2 cheeses
Dessert	Chocolate roly poly pudding with custard	Choc chip sponge with custard	Ice cream with hot chocolate sauce	Homemade bread and butter pudding with Cream	Homemade shortcake yoghurt
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit