


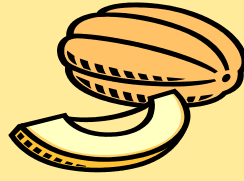



WESTBOURNE SCHOOL—WEEK 5 LUNCH MENU

The school cafeteria serves a choice of traditional main meals with a vegetarian option. The menu is changed on a five-week rotating cycle. Every day there is a full salad bar selection and alternatives to cooked pudding such as yoghurt or fresh fruit

| WEEK 5 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------|--|--|--|--|--|
| Main Meal | Mediterranean Chicken | Home Roasted Beef Yorkshire Pudding | Spaghetti Bolognese | Cheese & Tomato Pizza | Baked Fish Fingers / (Senior School - Fish Fillet) |
| Vegetables | Rice | Roast Potatoes Baton Carrots Broccoli | | Potato Skins Peas & Sweetcorn | Creamed Potatoes Peas Parsley Sauce |
| Vegetarian Option | Mediterranean Quorn | Roasted Vegetable Stuffed Pancake | Vegetarian Bolognese | Cheese & Tomato Pizza | Baked Cheese & Onion Cake |
| Options | Salad Bar | Salad Bar / (Senior School - Jacket Potato) | Salad Bar | Salad Bar | Salad Bar / (Senior School - Jacket Potato) |
| Dessert | Chocolate Marble Cake Chocolate Sauce | Shortcake Custard | Ice Cream Fan Wafer | Chocolate Crispy Crunch Mandarin & Cream Swirl | Iced Sponge Custard |
| | Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |
| |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |

Breakfast is served daily from 8-00am to 8-25am