
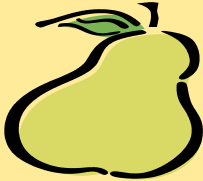

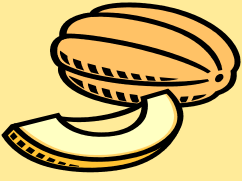



## WESTBOURNE SCHOOL—WEEK 1 LUNCH MENU

The school cafeteria serves a choice of traditional main meals with a vegetarian option. The menu is changed on a five-week rotating cycle. Every day there is a full salad bar selection and alternatives to cooked pudding such as yoghurt or fresh fruit

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Jacket Potato	Savoury Mince filled Yorkshire Pudding	Meatballs in Tomato Sauce	Chicken Fillet	Baked Fish Fingers / (Senior School - Fish Fillet)
Vegetables	Choice of various fillings	Swede and Potato mash Broccoli / Cauliflower	Pasta Quills	Basmati Rice Tomato Sauce	French Fries Baked Beans
Vegetarian Option	Jacket Potato	Vegetable filled Yorkshire Pudding	Vegetarian Balls in Tomato Sauce	Quorn Fillet	Vegetable Nuggets
Options	Salad Bar	Salad Bar / (Senior School - Jacket Potato)	Salad Bar	Salad Bar	Salad Bar / (Senior School - Jacket Potato)
Dessert	Choc 'o' Fudge Cookie	Choc Iced Chocolate Sponge Chocolate Sauce	Fruit Jelly with Cream	Flap Jack Sauce	Pineapple Upside Down Pudding Custard
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	 Fresh Fruit	 Fresh Fruit	 Fresh Fruit	 Fresh Fruit	 Fresh Fruit

Breakfast is served daily from 8-00am to 8-25am